



## // **COLORADO**

### **Bosshard's Record-Breaking Passion**

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Updated 10/28/2011

*By Iman Hamdan*

8,000 meters stand between Joe Bosshard and the finish line. Remaining calm, seconds before the race is underway is this University of Colorado cross country. With his eyes on the prize, Bosshard takes off in pursuit of being one of the greats in Colorado's history.

Prior to becoming a long distance runner, this Wisconsin native competed in log rolling as a child. He won the title of world champion logroller for the six and under division. In high school, Bosshard found himself entering into the world of cross country.

"I started to find a love for running," said Bosshard. "It wasn't something I initiated, it became a habit over time. It was something that I couldn't live without."

Although he did not shine on the high school athletic scene, it was always his dream to run for the University of Colorado.

"I knew the University of Colorado was the place I wanted to run," said Bosshard. "The history of success and one of the best programs in the country was always a thrill for me."

With relentless determination to prove himself on the collegiate scene, Bosshard was given a golden opportunity to run for the university he loved all his life.

Four emails of interest later the door of opportunity opened after head coach Mike

Being on a long distance runner scholarship requires Bosshard to participate in cross country he runs 8,000 or 10,000 meters depending on the race. Meanwhile 5,000 meter and 10,000 meter races.

Bosshard had one goal in mind. He wanted to crack into the top seven ranked C accomplished this as a redshirt freshman in 2009.

That same year he received an All-American honor for the 10,000 meter in track American honor. This time it was for cross country.

Also in 2010 he placed first in the Rocky Mountain Shootout, which in turn led to placed Bosshard third on the list of Colorado's fastest male runners for that country.

However his most memorable experience as a runner came during track season

"Winning the 10,000 and 5,000 in the Big 12 Championships for track is the most man has done that in the same conference meet," said Bosshard. "I also set both weekend."

With his endurance, speed, and genuine love for running Bosshard hopes to one

Beyond the track and courses, the Colorado junior is majoring in financing.

Recently, he helped start up the Business of Sports Club on campus. As an executive is to draw awareness to the newly formed group. Recently the club hosted and

"We are working on bringing speakers in from around the area," said Bosshard. marketing for the Denver Broncos come in and speak. We are also attending an tour of the Pepsi Center and a behind the scenes look."

From being a top-ranked runner, to an actively involved student, Bosshard leaves one piece of advice: "Keep expectations reasonable."

The Field House — Blogs — The Denver Post

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## CU at Pac-12 cross country meet Saturday, vying for first Pac-12 champs crowned

By **TOM KENSLER** |  No Comments

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TEMPE, ARIZ. — As a bonus for being here for Saturday's Colorado and Arizona State football game, Denver Post staff writer John Henderson and I get to cover the first Pac-12 championships to be conducted for any sport.

The conference's men's and women's cross country championships will be held Saturday morning, about 20 miles from here at The Wigwam resort in Litchfield Park.

Colorado could make some noise. The CU men enter as the nation's sixth-ranked squad and may challenge No. 4 Stanford for the first Pac-12 team trophy.

The Colorado women's team is ranked 16th nationally and will be competing against a strong field that includes No. 2 Washington, No. 4 Arizona, No. 8 Stanford, No. 10 California and No. 11 Oregon.

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